



MONTHLY DELIVERABLE

ENGAGING AFRICAN AMERICAN CHILDREN IN THE SANDTRAY

1. Representation in the tray

- <https://www.shopdisney.com/>
- <https://www.lakeshorelearning.com/products/blocks-manipulatives/unit-blocks-accessories/lakeshore-block-play-people-african-american-family/p/AA205>
- <https://www.lakeshorelearning.com/products/dramatic-play/dolls-accessories/lakeshore-pose-play-dolls-african-american-family/p/DD967>
- <https://www.lakeshorelearning.com/products/infants-toddlers/social-emotional-development/soft-safe-dolls-african-american-family/p/HH991>
- <https://www.orientaltrading.com/diy-unfinished-wood-nativity-peg-doll-s-a2-13780784.fltr?keyword=peg+people>
- <https://www.blackartdepot.com/>

2. Permission to Utilize Creative Brain

- Give them permission to use their imagination, to be creative and to explore.
- The more you practice it and you demonstrate it, the better they are going to feel.

- Create a sandtray with your client by telling them a story or do a split tray with them so that they can see you using your creative side and you are giving them permission by your actions and your words.
- Model to your kids how to play.

3. Container Building

- Create your office into a safe place in such a way that makes your clients feel at home. So when they enter they are coming into a container. This is the first piece.
- The second piece is YOU. You are giving your clients the permission and okay to be who they are and to trust that they can talk to you and tell you things. You are a container.
- You are building a container or a safe place for them to come and unload and dump. They can then go about their day and know that their stuff is safe. And when they come back to you, they have the choice of picking it back up again or if they want to leave it.
- Container building can be more difficult for your African American clients. The road may be slower for container building.
- Open yourself up to learning about the culture, family, language of all of your clients. Model vulnerability. Seek to know and learn about them.
- Building trust with the parents may take more time than with your children.